

# SUPPORTING A STUDENT SURVIVOR

## TIPS ON HOW TO HELP A STUDENT

While it may feel strange or intimidating to discuss the details of a student's private life in an academic setting, as a faculty member, you have tremendous potential to positively impact a student survivor's life by providing them with a supportive reaction to a disclosure of interpersonal violence. Here are some ways to do so:



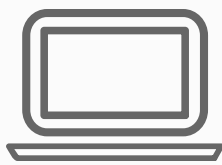
### BE SUPPORTIVE

If a student reaches out to you with a disclosure of interpersonal violence, do not reject their attempt. Instead, be supportive, empathetic, and non-judgmental. Be clear and upfront with your student about your role as a **responsible employee** with respect to your need to inform the college of the incident.



### BE A RESOURCE

Educate yourself on school policy and what your job requires in terms of your role as a **responsible employee** at [savp.vassar.edu/reporting](http://savp.vassar.edu/reporting). Help direct students to on and off campus resources that are available to them. A full list of on and off campus resources including counseling and reporting options is located at [savp.vassar.edu/resources](http://savp.vassar.edu/resources).



### BE UNDERSTANDING OF THE STUDENT'S NEEDS

Experiencing interpersonal violence can be difficult and traumatic. Give students time to heal and advocate for and accommodate their needs. This may include: granting extensions, working with the Title IX office for academic accommodations, and/or allowing students to step out of the classroom if they feel triggered. Many of these accommodations are required under Title IX.



### BE AN ALLY IN THE CLASSROOM

Use your faculty position to be an ally to student survivors. Label triggering material and include support resources in your syllabus, discuss interpersonal violence in class, and support student-led efforts. Advocate to improve campus policies and response to interpersonal violence.

Material adapted from Know Your IX.

### REMEMBER SELF-CARE!

We are best able to help others when we take care of ourselves.

# SEXUAL ASSAULT & VIOLENCE PREVENTION OFFICE RESOURCES

All services are available for individuals of any race, ethnicity, color, sex, gender identity, sexual orientation, religion, class, ability, citizenship and immigration status, and age.

## ADVOCACY & SUPPORT

- Vassar Sexual Assault Response Team (SART) 24/7: (845) 437-7333
- Vassar SAVP Director & Victim/Survivor Advocate: (845) 437-7863
- Center for Victim Safety and Support
  - Rape Crisis/Crime Victims: (845) 452-7272
  - Domestic Violence: (845) 485-5550

## REPORT ON/OFF CAMPUS

- Town of Poughkeepsie Police: 911 or (845) 485-3666
- NYS Police CSAVU: (844) 845-7269
- Vassar Safety & Security: (845) 437-7333
- Vassar Title IX Coordinator: (845) 437-7924

## FREE CONFIDENTIAL MEDICAL CARE

- SAFE Exam at Vassar Brothers Medical Center: (845) 454-8500
- SAFE Exam at Mid-Hudson Regional Hospital: (845) 483-5000
- Vassar Health Services: (845) 437-5800

## FREE CONFIDENTIAL COUNSELING

- Vassar Counseling Services: (845) 437-5700
- Center for Victim Safety and Support: (845) 452-7272
- Poughkeepsie Grace Smith House: (845) 452-7155

## VASSAR ACCOMMODATIONS (INCLUDING NO CONTACT ORDERS)

- Vassar Sexual Assault Response Team (SART) 24/7: (845) 437-7333
- Vassar SAVP Director & Victim/Survivor Advocate: (845) 437-7863
- Vassar Title IX Coordinator: (845) 437-7924

For more information,  
visit [savp.vassar.edu](http://savp.vassar.edu) or [eoaa.vassar.edu](http://eoaa.vassar.edu)