Supporting a Student Survivor
Tips on How to Help a Student

While it may feel strange or intimidating to discuss the details of a student's private life in an academic setting, as a faculty member, you have tremendous potential to positively impact a student survivor's life by providing them with a supportive reaction to a disclosure of interpersonal violence. Here are some ways to do so:

**Be Supportive**
If a student reaches out to you with a disclosure of interpersonal violence, do not reject their attempt. Instead, be supportive, empathetic, and non-judgmental. Be clear and upfront with your student about your role as a responsible employee with respect to your need to inform the college of the incident.

**Be a Resource**
Educate yourself on school policy and what your job requires in terms of your role as a responsible employee at savp.vassar.edu/reporting. Help direct students to on and off campus resources that are available to them. A full list of on and off campus resources including counseling and reporting options is located at savp.vassar.edu/resources.

**Be Understanding of the Student's Needs**
Experiencing interpersonal violence can be difficult and traumatic. Give students time to heal and advocate for and accommodate their needs. This may include: granting extensions, working with the Title IX office for academic accommodations, and/or allowing students to step out of the classroom if they feel triggered. Many of these accommodations are required under Title IX.

**Be an Ally in the Classroom**
Use your faculty position to be an ally to student survivors. Label triggering material and include support resources in your syllabus, discuss interpersonal violence in class, and support student-led efforts. Advocate to improve campus policies and response to interpersonal violence.

**Remember Self-Care!**
We are best able to help others when we take care of ourselves.

http://www.savp.vassar.edu
savp@vassar.edu
SEXUAL ASSAULT & VIOLENCE PREVENTION

OFFICE RESOURCES

All services are available for individuals of any race, ethnicity, color, sex, gender identity, sexual orientation, religion, class, ability, citizenship and immigration status, and age.

ADVOCACY & SUPPORT
- Vassar Sexual Assault Response Team (SART) 24/7: (845) 437-7333
- Vassar SAVP Director & Victim/Survivor Advocate: (845) 437-7863
- Center for Victim Safety and Support
  - Rape Crisis/Crime Victims: (845) 452-7272
  - Domestic Violence: (845) 485-5550

REPORT ON/OFF CAMPUS
- Town of Poughkeepsie Police: 911 or (845) 485-3666
- NYS Police CSAVU: (845) 485-7269
- Vassar Safety & Security: (845) 437-7333
- Vassar Title IX Coordinator: (845) 437-7924

FREE CONFIDENTIAL MEDICAL CARE
- SAFE Exam at Vassar Brothers Medical Center: (845) 454-8500
- SAFE Exam at Mid-Hudson Regional Hospital: (845) 483-5000
- Vassar Health Services: (845) 437-5800

FREE CONFIDENTIAL COUNSELING
- Vassar Counseling Services: (845) 437-5700
- Center for Victim Safety and Support: (845) 452-7272
- Poughkeepsie Grace Smith House: (845) 452-7155

VASSAR ACCOMMODATIONS
(INCLUDING NO CONTACT ORDERS)
- Vassar Sexual Assault Response Team (SART) 24/7: (845) 437-7333
- Vassar SAVP Director & Victim/Survivor Advocate: (845) 437-7863
- Vassar Title IX Coordinator: (845) 437-7924

For more information, visit savp.vassar.edu or eoaa.vassar.edu