

# RESOURCES FOR LGBTQ+ SURVIVORS

## SUPPORT & RESOURCE OPTIONS

The Sexual Assault & Violence Prevention (SAVP) Office at Vassar College aims to prevent and respond to sexual assault, relationship abuse, stalking, and sexual harassment through prevention education, collaboration, outreach, and advocacy. SAVP is committed to taking a survivor-centered approach, which means that if a student is victimized, they are given their options and make the decisions about what services they would like to access and whether or not they would like to report the incident.

### BARRIERS TO ACCESSING SERVICES & REPORTING

Reporting a sexual assault or relationship abuse can be accompanied by fear, guilt, and shame by people of all gender identities and sexual orientations. There can be additional concerns for LGBTQ+ individuals due to false perceptions of LGBTQ+ individuals and communities, unwelcoming medical staff, and other discriminatory systems. Barriers to accessing services and/or reporting can include:

- Fear of being outed around gender identity, sexual orientation, HIV status, BDSM, polyamory, ability, etc.
- Fear that gender identity or sexual orientation will become the main focus of the report rather than the assault
- Worries about service inclusivity
- Lack of support of similarly-identifying LGBTQ+ individuals
- Fear of "betraying" the LGBTQ+ community
- Isolation from LGBTQ+ social spaces, family, and friends
- Fear of outing the perpetrator
- Revictimization by medical staff, law enforcement, counselors, etc.

If you think you may have experienced sexual assault or relationship abuse:

- It is not your fault.
- You are not alone.
- Know that you do not have to make a decision to report the incident before accessing counseling, medical, or advocacy services.

### SUPPORT & RESOURCE OPTIONS

- The Anti-Violence Project (LGBTQ): (212) 714-1124 **(24/7)**
- FORGE Helpline (Trans victim/survivors): (414) 559-2123 **(24/7)**
- LGBT National Hotline: 1 (888) 843-4564
- In Our Own Voices (LGBTQ POC): (518) 432-4341
- The Network/La Red (LGBTQ, Polyamorous, Kink/BDSM): (617) 742-4911 **(24/7)**
- The Trevor Project (LGBTQ Youth): 1 (866) 488-7386 **(24/7)**
- Trans Lifeline (Trans victim/survivors): (877) 565-8860
- GLBT National Help Center (confidential peer support): [glbtnationalhelpcenter.org](http://glbtnationalhelpcenter.org)
- PFLAG NYC ("family based" support & resources): [pflagnyc.org/links](http://pflagnyc.org/links)
- Pandora's Project (online support groups): [pandys.org](http://pandys.org)

\*Material adapted from RAINN (Rape, Abuse, & Incest National Network).

# ARE YOU SAFE?

If you are concerned about your own or someone else's safety, call **911** or **Vassar Safety & Security at (845) 437-7333**.

If you are safe and are looking for information about on/off campus resources or reporting options, you can call a **Vassar Sexual Assault Response Team (SART) Advocate at (845) 437-7333** or visit [savp.vassar.edu/resources](http://savp.vassar.edu/resources) for a full list of resources and options.

## CONFIDENTIALITY

At Vassar, some individuals and campus resources can offer confidentiality while others have specific obligations to respond when they receive a report of a crime or a campus policy violation. If you are unsure of someone's duties and ability to maintain your privacy, ask them before you talk to them.

**Confidential support resources** do not have to let anyone know that you came forward for support or help, unless there is imminent danger to someone's life.

- Vassar Counseling Services: (845) 437-5700
- Vassar Counseling Services 24-hour Counselor: (845) 437-7333 **(24/7)**
- Vassar Health Services: (845) 437-5800
- Center for Victim Safety & Support in Poughkeepsie
  - Rape Crisis/Crime Victims: (845) 452-7272 **(24/7)**
  - Domestic Violence: (845) 485-5550 **(24/7)**
- SAFE Exam at Vassar Brothers Medical Center: (845) 454-8500 **(24/7)**
- SAFE Exam at Mid-Hudson Regional Hospital: (845) 483-5000 **(24/7)**
- On- or off-campus clergy

**Private resources** do not have to let anyone know that you came forward for support or help, unless there is imminent danger or community safety concerns. They also fill out an anonymous report (without any identifying information) that is kept confidentially with the SAVP Office.

- SAVP Director & Victim/Survivor Advocate: (845) 437-7863
- SAVP Violence Prevention Educator: (845) 437-7975
- SART Advocates: (845) 437-7333 **(24/7)**
- Director of Health Education: (845) 437-7769
- Student Fellows and House Student Advisors

**Responsible Employees** are required to notify the Title IX Office of disclosures of sexual assault, sexual harassment, relationship abuse, and/or stalking. A survivor may decide whether and when to respond to subsequent outreach from the Title IX Office.

- All other non-student employees (e.g. President, Administrators, Faculty, Coaches, Staff, etc.) are considered responsible employees.
- Title IX Coordinator: (845) 437-7924
- Dean of Students: (845) 437-5315
- Residential Life Administrators & Staff: (845) 437-5860 **(24/7)**
- Safety & Security: (845) 437-7333

All services are available for individuals of any race, ethnicity, color, sex, gender identity, sexual orientation, religion, class, ability, citizenship and immigration status, and age.

## ADDITIONAL INFORMATION

Full descriptions of Vassar policies, on/off campus resources, and reporting options, can be found on the SAVP Office website at [savp.vassar.edu](http://savp.vassar.edu) and/or the Office of Equal Opportunity and Affirmative Action website at [eoaa.vassar.edu](http://eoaa.vassar.edu).