### Barriers to Reporting

Reporting a sexual assault can be accompanied by fear, guilt and shame by people of all genders and sexual orientations. There can be additional concerns for LGBTQ individuals due to public perceptions of LGBTQ individuals and communities, unwelcoming medical staff, and other discriminatory systems. Barriers to reporting can include:

- fear of being outed
- fear that sexual orientation will become the main focus rather than the assault
- worries about service inclusivity
- lack of support of similarlyidentifying LGBTQ individuals
- fear of "betraying" the LGBTQ community
- fear of outing the perpetrator
- revictimization by medical staff

If you have been a victim of sexual assault and/or rape, it is not your fault and you are not alone.
On campus advocates are available 24/7 to provide survivor-centered support.

#### You have the right:

to be free of all forms of violence.

to take care of yourself.

to access free confidential medical care.

to feel your feelings.

to access free private counseling.

to live without fear.

to decide when or if to come out.

to decide whether, when, and where to confront fear.

to value your emotional health.

to manage your own recovery according to your own judgments.

to file charges on campus or with the police.

to trust allies in healing.

to ask for help in healing without having to accept all offered help.

to be touched only with and within the limits of your consent.

to request no contact order.

to question or not question your identity expression.

to be loved in a healthy way.

to be happy.

to be safe.

Vassar College 124 Raymond Avenue Poughkeepsie, NY 12604 (845) 437-7863

> http://savp.vassar.edu savp@vassar.edu

# Resources for LGBTQ Survivors

From the Sexual
Assault and Violence
Prevention Program of
Vassar College



## **On-Campus Support**

# 24/7 Phone Support\*

\*English-speaking unless otherwise noted

#### **Online Support**

**Confidential Resources** cannot let anyone know that you came forward for support or help, unless there is imminent danger to someone's life.

Vassar Counseling Service: (845) 437-5700 Vassar Health Services: (845) 437-5800

**Private Resources** are not required to tell anyone else your private, personally identifiable information unless there is imminent danger to someone's life.

SART Advocates: (845) 437-7333 (calls the CRC; ask for a SART advocate) SAVP Coordinator: (845) 437-7863 CARES Peer Listeners: (845) 437-7333 (calls the CRC; ask for a CARES listener)

Mandated Reporters are legally required to report incidents of sexual misconduct involving students. Notice to a mandated reporter is considered official notice to the college. See Student Handbook: College Regulations Part D for a complete list of mandated reporters.

Title IX Coordinator: (845) 437-7584 Campus Security: (845) 437-7333 Dean of Students: (845) 437-5315 Residential Life: (845) 437-5860

The LGBTQ Center is located in Main Building in room 213. LGBTQ Center director Judy Jarvis is available by phone at (845) 437-3521. Judy Jarvis is a private resource.

The Anti-Violence Project Spanish and English, LGBTQ (212) 714-1124

**FORGE Helpline** trans\* survivors or victims (414) 559-2123

GLBT National Hotline

1 (888) 843-4564

**GLBTQ Domestic Violence Project** 

(800) 832-1901

In Our Own Voices LGBTQ POC

(518) 432-4341

**The Network La Red** Spanish and English, LGBTQ, polyamorous, kink/BDSM (617) 742-4911

The Trevor Project LGBTQ youth (866) 488-7386

The National Domestic Violence Hotline 1 (800) 799-7233

**ALWAYS CALL** 

911

if someone's life is in immediate danger

GLBT National Help Center for confidential peer support www.glbtnationalhelpcenter.org

**PFLAG NYC** for "family-based" LGBT support and resources www.pflagnyc.org/links

**Trans\* Lifeline** for confidential peer support

www.translifeline.com

Pandora's Project for information, resources, and online support groups www.pandys.org

National Center on Domestic and Sexual Violence for a list of publications about sexual violence in LGBTQ communities

www.ncdsv.org/publications\_lgbti.html

**RAINN** for non LGBTQ-specific information, support, and a 24/7 online help line

ohl.rainn.org/online/

Remember to practice self-care. What makes you feel safe? happy? grounded?